

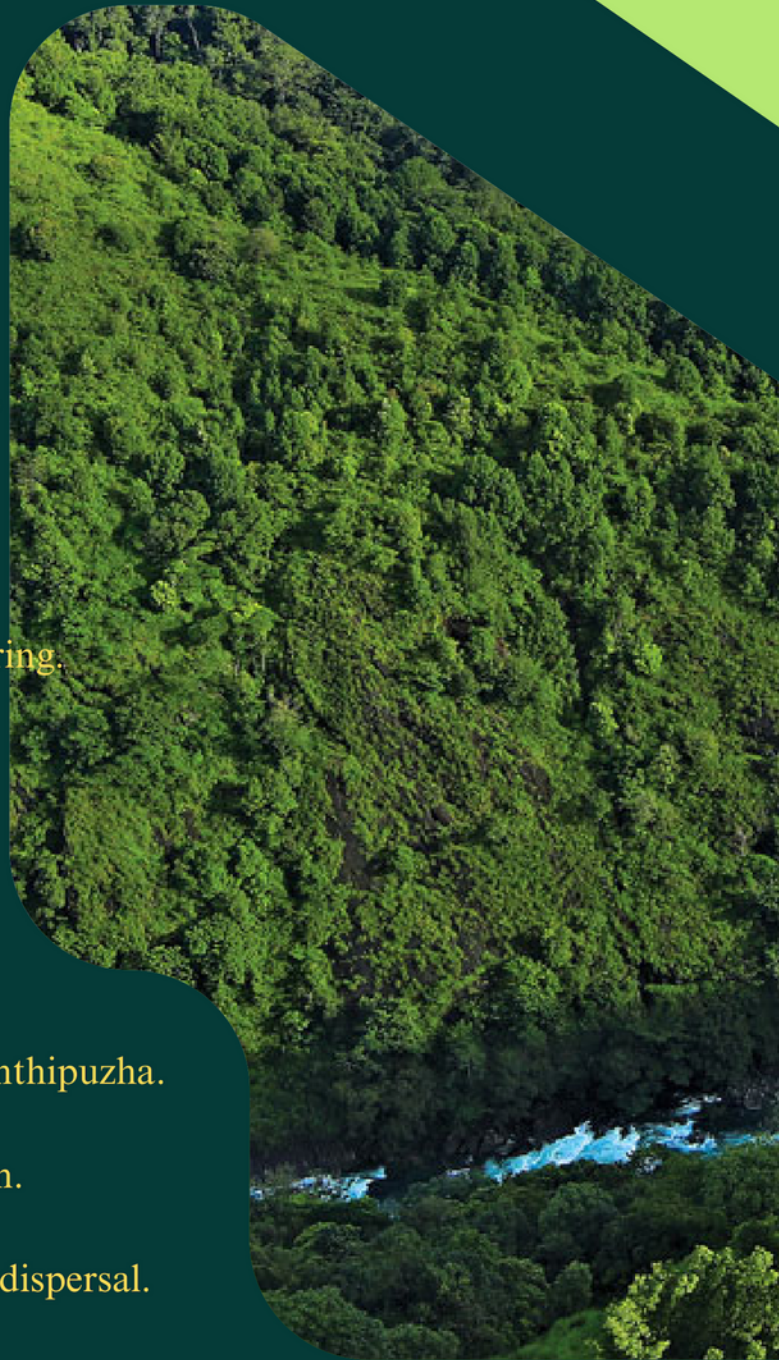
# Itinerary

## Day 1:

- 7:30 am: Report at Mukkali base camp.
- 8:00 am: Journey to the campsite
- 8:30 am: Breakfast.
- 9:00 am: Trekking.
- 2:30 pm: Lunch followed by resting time.
- 4:00 pm: Tea time.
- 4:30 pm: Natural trail.
- 6:30 pm: Return to the campsite.
- 7:30 pm: Dinner.
- 8:00 pm: Storytelling and experience sharing.
- 10:00 pm: Bedtime.

## Day 2:

- 6:30 am: Bed coffee.
- 7:00 am: Bird watching.
- 8:00 am: Breakfast.
- 8:30 am: Sirendhri visits and treks to Kunthipuzha.
- 1:30 pm: Lunch.
- 2:30 pm: Evaluation and feedback session.
- 3:30 pm: Journey back to Mukkali.
- Followed by an eco-shop visit and camp dispersal.



Please note that the timings mentioned in the itinerary are subject to slight changes based on the situation.

### To reach the Silent Valley campsite:

From the Calicut side:

Get down at Mannarkadu and take the bus to Anakkatt

Get down at Mukkali.

From the Ernakulam side:

Palakkad-Mannarkkad-Mukkali.



# Silent valley national park

Silent Valley National Park is a pristine and biodiverse wilderness area located in the state of Kerala, India. Spread across an area of about 89.52 square kilometers (34.5 square miles), it is nestled in the Western Ghats, a UNESCO World Heritage Site known for its rich ecological significance.

The name "Silent Valley" originates from the absence of natural sounds in the dense evergreen forests due to the thick canopy cover, creating a tranquil and serene atmosphere. The park is renowned for its untouched beauty, unexplored trails, and abundant wildlife, making it a haven for nature lovers, wildlife enthusiasts, and photographers.

The park is characterized by its lush greenery, glistening streams, cascading waterfalls, and mist-covered peaks, creating a picturesque landscape. It is home to an incredible variety of plant and animal species, including endangered and endemic species that thrive in its undisturbed ecosystem.

Flora and fauna enthusiasts will be captivated by the park's biodiversity, which includes rare species such as the Lion-tailed Macaque, Nilgiri Langur, Malabar Giant Squirrel, Indian Elephant, Bengal Tiger, and several species of birds, butterflies, and reptiles. The park is also known for its rich collection of medicinal plants and is often referred to as the "Medicinal Plant Capital of Kerala."

Due to its ecological significance and conservation value, Silent Valley National Park has been designated as a National Park and a core zone of the Nilgiri Biosphere Reserve. It serves as a vital watershed for the surrounding regions, providing a steady supply of water to the nearby rivers and supporting the local communities' livelihoods.

Access to Silent Valley National Park is restricted to ensure the preservation of its pristine environment. Visitors can explore the park through guided treks and nature walks, accompanied by experienced guides who provide insights into the park's unique ecosystem.

Silent Valley National Park stands as a testament to the importance of preserving natural habitats and offers a sanctuary where visitors can reconnect with nature's beauty and experience the tranquility that comes with it.

